**BASE GUIDELINES**

Brief Resolved Unexplained Event (BRUE/ALTE) is defined as an episode that occurs in a child 3 years-old and younger that is frightening to the observer and is characterized by a combination of:
- Apnea (central or obstructive)
- Color change (cyanosis, pallor, erythema)
- Marked change in muscle tone
- Unexplained choking or gagging

**CONDITIONS RESPONSIBLE FOR ALTE:**

A wide variety of illnesses and etiologies are associated with an ALTE episode. These include:
- Airway disease
- Cardiac arrhythmias/anomalies
- Child abuse
- Gastroesophageal reflex
- Infantile botulism
- Infections
- Inborn errors of metabolism
- Intracranial hemorrhage
- Meningitis
- "Near-miss" SIDS
- Pertussis (whooping cough)
- Respiratory syncytial virus
- Seizure
- Sepsis

1. Assure upper airway is open and assess ventilation:
   - Assist ventilation with bag-valve-mask as necessary, avoid hyperventilation.
   - If ventilation effort adequate, provide blow-by oxygen as tolerated
2. When possible, leave child in caretaker’s arms in position of comfort
3. Cardiac Monitor and document rhythm
4. Transport to CCERC:
   - ALS escort
   - Contacting base hospital or CCERC (preferred) is required

**ALS STANDING ORDER**

No ALS Standing Orders exist for this condition. Therefore, base hospital/CCERC (pediatric base preferred) contact is required per OCEMS Policy #310.00.