ALS STANDING ORDERS:

1. Spinal motion restriction if diving or shore-break accident.
3. Position patient in flat, supine position and hyper-oxygenate with
   - High flow oxygen by mask or nasal cannula at 6 l/min flow rate as tolerated.
4. If hypotensive or signs of poor perfusion (hypotension, weak pulse, poor skin signs, altered mental status):
   - Establish IV access
   - Infuse 250 mL Normal Saline, may repeat up to maximum 1 liter to maintain adequate perfusion.
5. For nausea or vomiting:
   - Ondansetron (Zofran®): ODT 8 mg (two 4 mg tablets) orally to dissolve; OR,
     4 mg IV, may repeat 4 mg IV in approximately 3 minutes if symptoms persist.
6. For on-going seizure activity:
   - Turn to side, protect airway and suction when necessary.
   - Midazolam 5 mg/IV/IM/IN; may repeat 5 mg IV/IM/IN once for continued or recurrent seizure activity approximately 3 minutes after initial dose.
7. Contact Base Hospital for ERC destination; in remote areas the Base Hospital may facilitate transport to the Catalina Island Hyperbaric Chamber from the field.
TREATMENT GUIDELINES:

- Onset of signs and symptoms of air embolism is rapid versus decompression sickness which may be delayed as much as 48 hours.

- For full arrest, treat same as for cardiopulmonary arrest (SO-C-10).